

MEN'S SCHEDULE

2008 Hawaiian Pineapple Classic Schedule (11/12/08)

Friday, December 19th

Saturday, December 20th

Session 1 Men

Level 8 & 10 (Capitol Cup) 120	
4:15 PM	Doors Open
4:45 – 5:10	Open Stretch
5:10 – 5:30	Timed Warm-up, 1 st Event
5:30	Clear Floor – Introductions
5:35 – 9:00	Competition

Session 2 Men

Level 6 (Capitol Cup) 120	
7:45 AM	Doors Open
8:00 – 8:20	Open Stretch
8:20 – 8:40	Timed Warm-up, 1 st Event
8:40	Clear Floor – Introductions
8:45 – 11:30	Competition

Saturday, December 20th

Saturday, December 20th

Session 3 Men

Level 7 (Traditional) 50	
12:30 PM	Doors Open
12:45 – 1:15	Open Stretch
1:15 – 2:20	Timed Warm-ups
2:20	Clear Floor – Introductions
2:25 – 4:30	Competition

Session 4 Men

Level 9 (Traditional) 60	
5:00 PM	Doors Open
5:15 – 5:45	Open Stretch
5:45 – 7:15	Timed Warm-ups
7:15	Clear Floor – Introductions
7:20 – 9:00	Competition

Sunday, December 21st

Sunday, December 21st

Session 5 Men

Level 5 (Capitol Cup) 130	
8:00 AM	Doors Open
8:15 – 8:45	Open Stretch
8:45 – 9:00	Timed Warm-up, 1 st Event
9:00	Clear Floor – Introductions
9:05 – 12:30	Competition

Session 6 Men

Level 4 (Capitol Cup) 140	
1:00 PM	Doors Open
1:15 – 1:45	Open Stretch
1:45 – 2:00	Timed Warm-up, 1 st Event
2:00	Clear Floor – Introductions
2:05 – 5:00	Competition

WOMEN'S SCHEDULE

2008 Hawaiian Pineapple Classic Schedule (11/12/08)

Friday, December 19th.

Session 1 Women

Gym A – Level 9 & 10 (39 Gymnasts)	
Modified Capitol Cup	
4:15	Doors Open
4:30 – 5:00	Open Stretch
5:00 – 5:30	Timed Warm-up, 1 st Event
5:30	Clear Floor – Introductions
5:35	Competition

Saturday, December 20th

Session 2 Women

Gym A – Level 4 (56 Gymnasts) AIG, Gainers, HUGS, Naperville, Oak Park, Premier South, Spring Hill, USGTC.		Gym B – Level 4 (57 Gymnasts) Bartlett, Crystal Lake, International, KIAGA, Premier DG.	
8:00 AM	Doors Open	8:00 AM	Doors Open
8:15 – 8:45	Open Stretch	8:15 – 8:45	Open Stretch
8:45 – 9:45	Timed Warm-up.	8:45 – 9:55	Timed Warm-ups.
9:45	Clear Floor – Introductions	9:55	Clear Floor – Introductions
9:50	Competition	10:00	Competition

Saturday, December 20

Session 3 Women

Gym A – Level 6 (60 Gymnasts) American Acdy. American Elite, BGGC, Naperville Fire House, Gainers, Oak Lawn, Palmers, Premier DG, Premier South, Spring Hill.		Gym B – Level 7 (44 Gymnasts) Bartlett, Crystal Lake, International, KIAGA, MEGA, Oak Park, Rolling Meadows, USGTC, HUGS.	
12:00 PM	Doors Open	12:00 PM	Doors Open
12:15 – 12:45	Open Stretch	12:15 – 12:45	Open Stretch
12:45 – 1:45	Timed Warm-up, 1 st Event	12:45 – 2:00	Timed Warm-up, 1 st Event
1:45	Clear Floor – Introductions	2:00	Clear Floor – Introductions
1:50	Competition	2:05	Competition

Saturday, December 20

Session 4 Women

Gym A – Level 6 (60 Gymnasts) Bartlett, Crystal Lake, Hugs, International, KIAGA, MEGA, Oar Park, Rolling Meadows, USGTC	Gym B – Level 7 (46 Gymnasts) American Acdy, BGGC, M&M, Naperville, Palmers, Premier DG, Spring Hill.
4:30 PM Doors Open	4:30 PM Doors Open
4:45 – 5:15 Open Stretch	4:45 – 5:15 Open Stretch
5:15 – 6:15 Timed Warm-up, 1 st Event	5:15 – 6:30 Timed Warm-up, 1 st Event
6:15 Clear Floor – Introductions	6:30 Clear Floor – Introductions
6:20 Competition	6:35 Competition

Sunday, December 21st

Session 5 Women

Gym A – Level 5 (70 Gymnasts) AIG, American Elite, Crystal Lake, Naperville, Oak Park, Palmers, Spring Hill, USGTC.	Gym B – Level 5 (69 Gymnasts) American Acdy, Bartlett, Fire House International, KIAGA, Premier South, HUGS, Oak Lawn.
8:15 AM Doors Open	8:15 AM Doors Open
8:30 – 9:00 Open Stretch	8:30 – 9:00 Open Stretch
9:00 – 10:10 Timed Warm-ups.	9:00 – 10:10 Timed Warm-ups.
10:10 Clear Floor – Introductions	10:10 Clear Floor – Introductions
10:15 Competition	10:15 Competition

Sunday, December 21st

Session 6 Women

Gym A – Level 5 (64 Gymnasts) BGGC, Crystal Lake, Gainers, Premier DG, Rolling Meadows.	Gym B – Level 8 (53 Gymnasts) (Modified Capitol Cup) American Academy, American Elite, BGGC, Bartlett, Crystal Lake, HUGS, International, M&M USGTC, MEGA, Naperville, Oak Park, Palmers, Spring Hill.
12:45 PM Doors Open	12:45 PM Doors Open
1:00 – 1:30 Open Stretch	1:00 – 1:30 Open Stretch
1:30 – 2:45 Timed Warm-ups.	1:30 – 2:00 Timed Warm-ups.
2:45 Clear Floor – Introductions	2:00 Clear Floor – Introductions
2:50 Competition	2:05 Competition